

A Prayer for Balance

By Christine Jurisich



Expectations... Reality... Needs...

Loving God,

Help me see them, sort them, and be honest about them
so I can find where You are in them.

My schedule... My plans... My way...

Peaceful God,

Help me detach from all that I think will give me peace
so I can find Your way and Your peace.

Wholeness... Balance... Peace...

Generous God,

When I am attached to material things,
remind me only You can fill the hole in my heart.

When I am scared to let go of old habits and behaviors,
remind me Your way is more fulfilling.

When I'm scared to make choices,

Grant me the courage to say "no" so I can live Your "yes".

Creator God,

Walk with me to Your place of balance

Guide me to Your place of peace.